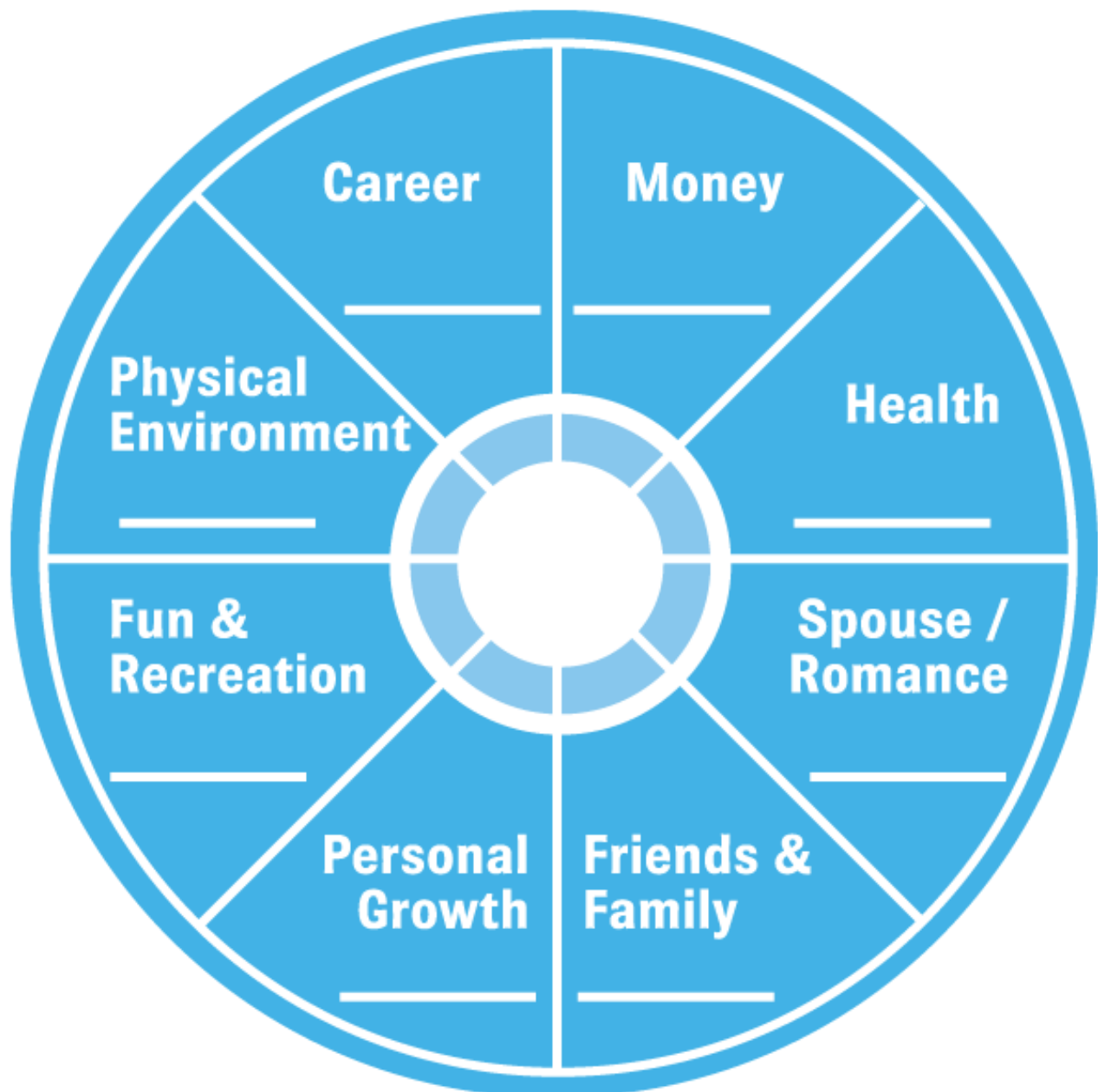


Time Mastery Wheel of Life

Step 1: Complete Your Wheel of Life

- Rate yourself on a scale of 1 – 10 (10 = high) according to how satisfied you are with each aspect of your wheel of life.
- Reflect on your assessment: What choices are you making? What are you saying yes to? What are you saying no to? How can you even out your wheel for a smoother ride?



Surround Yourself with Game Changers

90 Day Plan

Step 2: Develop a 3-year Career BHAG

- Zero-in on your career spoke. Play Big! Your mind will start to operate differently when you think this way. Ask yourself, what would you do if you knew you could not fail?

BHAG = Big Hairy Audacious Goal – an idea conceptualized in the book, *Built to Last: Successful Habits of Visionary Companies* by James Collins and Jerry Porras.

Step 3: Develop a 90-day Plan, Every Quarter

- Take control of your Wheel of Life by setting specific business, family and personal goals based on your self-assessment. Nothing extraordinary happens without intention.
- Develop actions based on your strengths. What do you need to start doing NOW to achieve your goals?

Check to make sure you've identified people who have "been there, done that before," to support you on all of your major goals, as this will save you a lot of time.

Mastering time is NOT about sucking it up and doing it all yourself. It's about asking for help from peers, mentors, coaches, colleagues, board members, team members, and others in your network.



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90 Day Plan

GOALS FOR NEXT 90 DAYS	HOW WILL YOU MEASURE SUCCESS?	WHO IS YOUR GAME CHANGER?	NEXT STEP
BUSINESS			
FAMILY			
PERSONAL			

